



DISTRACTED DRIVING LOG

WEEK OF: _____	Cell Phone- Talking	Cell Phone- Texting	Eating/ Drinking	Changing music player/ GPS unit	Smoking	Reading/ Writing	Grooming (make-up, brushing hair, etc)	Talking with passengers	Searching for something (looking down, turning around, etc)
MONDAY Time(s):									
TUESDAY Time(s):									
WEDNESDAY Time(s):									
THURSDAY Time(s):									
FRIDAY Time(s):									
SATURDAY Time(s):									
SUNDAY Time(s):									
TOTAL									

Where did you observe these incidents (intersection of ____ & ____)?: _____

TOTAL number of distracted driving incidents: _____